



# ESMS MEDICAL PROTOCOL



All ESMS coaches are to follow the below protocols in all training sessions and clinics.

- Head Injuries
  - If there is any injury sustained of the head, the player must be sent to the Head Coach. Head Coach must call the parent immediately and tell the parent their child has sustained a head injury and is not permitted to participate in the rest of the session. Head Coach must also advise the parent to seek medical attention before returning to ESMS training sessions for future.
  
- General Injuries
  - Should there be any sustained injury, the player must be sent to the Head Coach. The Head Coach must call the parent immediately and inform them of the injury. Please also request that the parent attends site to assess if they would like to seek medical attention. If unsure, we will request that the parent collect their child immediately. The child is not allowed to participate without parent medical assessment onsite.
  
- Goal Keepers
  - All goalkeepers must wear goalkeeper gloves or else they cannot be goalkeeper for the entirety of the session
  
- Asthma / Flu / Coughing
  - Should any child attend training when they are sick, coughing or seem to have asthma problems, the child is to be sent to the Head Coach. Head Coach is to notify the parent immediately and participant must sit-out for the rest of the session. Breathing problems may occur when the child has the flu, asthma or other illness in which case breathing becomes difficult and coughing is intensified in which case the same above protocols must apply.